



# Baqsimi<sup>®</sup>

glucagon nasal powder 3 mg



Keep BAQSIMI in the shrink-wrapped tube until ready to use.

**FOR LOW BLOOD SUGAR EMERGENCIES**

## **BE PREPARED WITH BAQSIMI**

If you have diabetes and are taking insulin, you can be prepared for a low blood sugar emergency (severe hypoglycemia).

**Look inside to learn more about low blood sugar emergencies and BAQSIMI.**

BAQSIMI<sup>®</sup> is a medicine used to treat severe low blood sugar. This is called severe hypoglycemia. It is used in adults and children 4 years and older that take insulin for diabetes. It is used when the person is unable to swallow sugar.

# A LOW BLOOD SUGAR EMERGENCY CAN HAPPEN ANYTIME, ANYWHERE

For example, these episodes can happen when you miss a meal, exercise too much, do not eat enough food for the amount of insulin taken, or even at night while you sleep.

BAQSIMI is a dry nasal powder that can be given by those around you during a low blood sugar emergency.

## WHAT IS BAQSIMI?

- BAQSIMI is a powder form of glucagon given in the nose.



### Formulation invented in Canada

- Unlike injectable glucagon, BAQSIMI is ready to use and does not need to be mixed or measured.
- BAQSIMI does not need to be inhaled.
- **BAQSIMI can be given in a low blood sugar emergency when you are unable to eat or drink, even if you are unconscious.**
- **You can still use BAQSIMI if you have a cold or are taking cold medicine.**
- BAQSIMI does not need to be kept in a refrigerator. It can be stored at temperatures up to 30°C (86°F).
- Do not remove the shrink wrap or open the tube until ready to use.

## WHEN TO USE BAQSIMI?

- BAQSIMI is used when you are having a low blood sugar emergency and are unable to eat or drink, requiring help from someone else to recover.
- It's important that people around you recognize the possible signs of low blood sugar, so they can be prepared to help.
- Show your family, friends, or coworkers where you keep BAQSIMI and explain how to use it by sharing these instructions. They need to know how to use BAQSIMI before you need it.
- Tell your doctor each time you use BAQSIMI. Your doctor may need to adjust your dose of drugs for diabetes.

### Possible signs of low blood sugar include:



Mood swings



Dizziness



Difficulty thinking and speaking



Shaking or sweating



Lack of coordination



Seizure or loss of consciousness



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# HOW TO USE BAQSIMI?

Read the BAQSIMI Patient Medication Information before using.

Show your family, friends, or coworkers where you keep BAQSIMI and explain how to use it by sharing these instructions.

They need to know how to use BAQSIMI before you need it.

**Do not remove the shrink wrap or open the tube until ready to use**

- Do not test the device before use, as it contains only one dose of glucagon and can only be used once
- Only use BAQSIMI in the nose

## Preparing the Dose:

- Remove the shrink wrap by pulling on the red stripe
- Open the lid and remove the device from the tube
- Do not test before use**

**Caution: Do not press the plunger until ready to give the dose**



Keep tube sealed until ready to use.

## Giving the Dose:

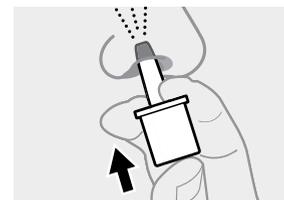
- Hold the device** between fingers and thumb
- Do not push the plunger before insertion into the nose. Otherwise, the single dose in the device will be lost**



- Insert the tip** gently into one nostril until finger(s) touch the outside of the nose



- Push the plunger** firmly all the way in
- The dose is complete when the green line is no longer showing**



Keep BAQSIMI in the shrink-wrapped tube until ready to use. If the tube has been opened, BAQSIMI may have been exposed to moisture. **This could cause it to not work as expected.**

 Visit [BAQSIMI.ca](https://www.baqsimi.ca) to watch a video on how to use BAQSIMI.

  
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## After Giving the Dose:

Remove the tip from the nose and **throw away the used device and tube.**

## Call for medical help right away.

If the person with low blood sugar is unconscious, turn the person on their side.

Medical help should be called immediately in the event of a serious allergic reaction to BAQSIMI, such as:

- Rash
- Difficulty breathing
- Swollen face, lip, tongue, or throat

Patients usually respond within 15 minutes.

**Encourage the person to eat as soon as they can safely swallow.** Give the person a fast-acting source of sugar, like juice or regular soda. Then give the person a long-acting source of sugar, like crackers and cheese or a sandwich with meat.

**Caution: Replace the used BAQSIMI right away so you will have a new BAQSIMI in case you need it.**

## BAQSIMI BASICS

**!** Keep the tube sealed until ready to use. Being exposed to moisture can cause BAQSIMI to not work as expected

- Each BAQSIMI device contains 1 dose (3 mg) of glucagon nasal powder and can only be used once
- BAQSIMI is for nasal use only
- BAQSIMI should not be used past its expiration date
- Remember to tell those close to you where you keep BAQSIMI

**Carry BAQSIMI with you and keep BAQSIMI in the places you spend the most time - like home, work and school**

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**Remember to read the instructions given to you with your BAQSIMI prescription. For more information, visit [BAQSIMI.ca](http://BAQSIMI.ca)**

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## WE'VE GOT YOUR BAQ!

VISIT [BAQSIMI.ca](https://baqsimi.ca) for some useful tools and resources



### Learn and show how to use BAQSIMI

Watch an instructional video that will show you how to give BAQSIMI



### Expiry reminder

Set up a reminder on [BAQSIMI.ca](https://baqsimi.ca) that will notify you when your BAQSIMI is about to expire



### Tools & Resources

Download useful BAQSIMI tools & resources



### FAQ

Have questions? Check out our FAQ section!



Click or scan the QR code above to access [BAQSIMI.ca](https://baqsimi.ca)

## ADD YOUR MEDICAL ID TO YOUR PHONE'S LOCK SCREEN

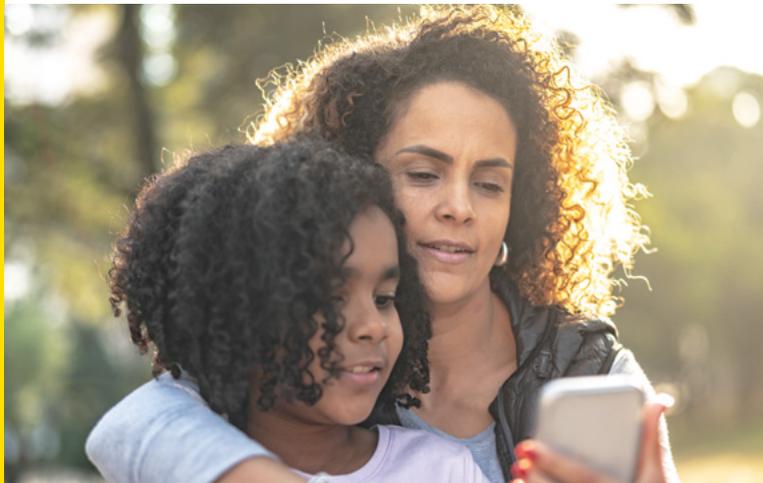
### For iPhones

1. Open the Health app on your phone
2. Tap the Medical ID tab, then tap Edit
3. Enter the medical information you would want people to know in an emergency
4. Slide the Show When Locked toggle at the top of the screen until it is green
5. Tap Done

### For Android phones

1. Open the Settings app
2. Tap About phone and then tap Emergency information
  - a. If you don't see Emergency information, go back and tap Users & accounts, and then tap Emergency information
3. Enter the medical information you would want people to know in an emergency
4. Tap Save

Now your medical information can be easily accessed by swiping up on the lock screen and tapping Emergency.



## Serious warnings and precautions

BAQSIMI should only be given when the person is unable to swallow sugar such as candy or orange juice. After giving BAQSIMI, call for medical help right away. Patients usually respond to BAQSIMI within 15 minutes. Wait for medical assistance; they may need to give the person glucose in their veins (intravenously). When the person responds, get them to eat as soon as they are able to safely swallow.

BAQSIMI will not help if the person does not have enough glucose stored in the liver. Intravenous (IV) glucose must be given in these cases. This can occur if they have:

- Not eaten for a long time
- An illness that prevents them from making enough hormones from the adrenal gland (called adrenal insufficiency)
- Chronic low blood sugar

## Who should not use BAQSIMI?

- People who are allergic to glucagon, or to any of the other ingredients of BAQSIMI
- People who have a tumour called a pheochromocytoma, in one or both of the glands on top of their kidneys (adrenal glands)
- People who have a pancreas tumour called an insulinoma

## What are the possible side effects of BAQSIMI?

These are not all the possible side effects that you may feel when taking BAQSIMI. If you experience any side effects not listed here, contact your healthcare professional.

- Nausea, vomiting, abdominal pain or discomfort
- Upper respiratory tract irritation which includes sneezing, runny or stuffy nose, nosebleed or discomfort, cough, sore throat
- Headache, weakness, fatigue, sleepiness
- Watery, red or itchy eyes
- Ear, face or neck pain
- Change in sense of taste or smell
- Lack of attention, confusion, anxiety
- Itchy skin, increased sweating
- Increased heart rate and blood pressure

## If you experience the following side effects, stop taking BAQSIMI and get immediate medical help:

**Allergic reaction (anaphylaxis):** Wheezing or difficulty breathing or swallowing. Sweating, rash, hives, swollen face, lips tongue or throat. Rapid heartbeat, collapse or low blood pressure.



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**SEVERE LOWS?  
SPRAY IT IN THE NOSE!**



**Formulation invented in Canada**



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